



Preston Indoor Bowls Club Monthly Newsletter – October 2023


Dear Members,



Following approval at both indoor (ladies & men's) AGMs, and a joint meeting on Thursday September 28th, the **ladies and men's indoor committees have amalgamated** to form a single bowls committee which will be known as Preston Indoor Bowls Committee. The joint committee is formed of the following officers: Howard Funnell (Hon. Secretary), Jackie Ward (Ladies Captain), Trevor Vine (Men's Captain), Hazel Wells (Ladies Vice-Captain), Roy Gibbs (Men's Vice-Captain & Mid-Week Captain), Carolyne McCann (Ladies Competition Secretary), Ron Tomlin (Men's Competition Secretary), Phil Bell (Fixture Secretary). Other members may be co-opted as required.

Due to the (sometimes) difficulty of raising teams to play in friendly matches, the committee has approved for the 23/24 season that players who make themselves available for National & County Competitions (but excluding County League), should also make themselves available to play in a minimum of 2 friendly games during this season. There will be no guarantee of selection as preference would normally be given to those on the 'progression ladder'. It should be noted that income from friendly games not only keeps subscription and match fees down but also helps to fund the travel expenses etc for County and National games. For the 24/25 indoor season, selection for **County & National games will be restricted to those players who have played in a minimum of 2 friendly games.**

- 🛠️ Members should be aware that our neighbour, Cinch Self Storage, is about to start some **major building work**. The building right next to the club will be demolished and a new steel framed 3 story building will be built in its place. The work will be noisy and there will be vibration but we have been assured that any activity, which may affect our building, will be carefully managed.
- 🚑 **Defibrillator Training** - Several members have enquired regarding training on the use of the Defibrillator. We are keen to gauge further interest so please leave your name and preferred day / time on the sign-up sheet on the main noticeboard. The course will be around 1 ½ to 2 hours and will cover: legalities, what is a cardiac arrest, chest compressions, recovery position, different defibrillators etc. It's free and will be held at the Club!
- 🏆 **Club Competition Forms** must be submitted! Please remember to get your entries in by the 31st October deadline. Entry forms are in the general leaflet rack or can be downloaded from the website.
- 💰 **A Bingo Evening** will take place on Friday 10th November. Please see the website or the notice boards for the menu. The Caterer is also offering a Pre-Christmas Lunch menu.
- 🎯 **Bowlsweat Direct's** next visit to the club is Monday 4th December 10-30am – 2pm. Come along and buy yourself an early Christmas present!

-  We are pleased to announce that **Home Instead have returned as one of our sponsors**. A representative will be in the lounge area at 11:00 on Wednesday 25th October to answer any questions you may have regarding this alternative to care homes. Please check the noticeboard for updates. Home Instead provides genuinely caring, tailored home care services for people in Brighton, Hove & Shoreham. Clients are gently eased into the support they will need to live safely and happily at home for as long as possible.

The Board